## **Personal Data**

Name Fayrouz Mohammed Essawi

**Data of Birth** 10<sup>th</sup> January 1981

**Address** 146 El Malek Faisl st., El Haram, Giza.

**Nationality** Egyptian

**Gender** Female

Civil status Married

Contact details Telephone: 0233880864

Mobile: 0201001526105

Mail: ahmed\_fayrouz@hotmail.com

# **Degree-Seeking Education**

•	Egyptian Neonatology Fellowship		2015
•	IBCLC		2015
•	<b>Pediatric Master Degree</b>	Ain-Shams university	2011
•	M.B.B.Ch	Cairo university	2004

## Workshops:

Nutrition practice in neonates 2014

General organization of teaching hospitals & institutes

Neonatal Mechanical ventilation workshop 22th November 2017

Abou El Rish Hospital, Cairo

University

### **Courses**

- Training of trainee Harvard university, 2021
- Neonatal procedure course 24, 25&26 February 2015.
- Advanced Neonatal Mechanical ventilation course 18<sup>th</sup> 19<sup>th</sup> May 2014 (General organization of teaching hospitals & institutes)
- Neonatal Nephrology Course 10<sup>th</sup> 11<sup>th</sup> June 2014 (Abou El Rish Hospital, Cairo university)

- ELCA (Egyptian Lactation Association) course program to prepare for IBCLC exam 10<sup>th</sup> November 20154- 20<sup>th</sup> April 2015.
- Basic skills for hospital management 2014 (National training institute).
- Intermediate skills for hospital management 2014 (National training institute).

### IT Skills

I am competent in using the computer and the following programs:

Microsoft word, power point, Excel

I am familiar with computer based patient care through working in SQUH.

### **Conferences**

### **Gold Lactation Conference, 2021**

**Breastfeeding in changing world, ilactation online Breastfeeding conference.** 15th September - 15th November 2017

The 29<sup>th</sup> Annual Scientific Conference of the pediatric Department of Cairo University. 13th, 14th April, 2017

**Breastfeeding passion & biology, ilactation online Breastfeeding conference.** 1st September: 1st November:

The 3<sup>rd</sup> International Neonatology Conference of Egypt. 31<sup>st</sup> March- 2<sup>nd</sup> April 2016

The 3<sup>rd</sup> Neonatal GOTHI Conference: 29<sup>th</sup>, 30<sup>th</sup> October 2014.

### Languages

**Arabic** : Native tongue.

English : Good

# **Membership**

ELCA: Egyptian Lactation Consultant Association

ILCA: International Lactation Consultant Association

ABM: Academy of Breastfeeding Medicine

# Clinical experience

## **Cairo University Hospital**

### I Postnatal ward (30 cots)

Nursery care of the well newborn
Part of the team carrying out nationwide neonatal metabolic screening

II NICU (18 incubator)

# **Lactation Field Work Experience:**

2016: present Academic coordinator, trainer and lecturer

Lactation Consultancy Comprehensive Course

(LCCC) 'Developing and organizing the Preparatory Course

for Egyptian candidates to IBCLCE exam'

Egyptian Lactation Consultant Association (ELCA)

2015: present International Board Certified Lactation Consultant

'To educate women, families, health professionals, and the community about breastfeeding and human lactation; facilitate the development of policies which protect, promote, and support breastfeeding; act as advocate for breastfeeding as the child-feeding norm; and provide holistic, evidence-based breastfeeding support and care

from preconception to weaning.'

2016: present Breastfeeding Lecturer

Egyptian Arabic Society for Healthy and Therapeutic

nutrition, Egyptian Medical Syndicate

2020: present Baby friendly coordinator in Rofayda hospital

**A LLL member,** joining and support many international groups on social media including Facebook groups.

Preparing to be LLL leader in Egypt.

# **Objectives**

To have an opportunity to improve my pediatric training and to have a wide range of pediatric experience in order to help me in my career.

I want to continue to be an advocate and voice for lactation professional and families.

# References

## Dr Amal El-Taweel

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## Dr Doaa Malaek

Pediatric specialist, IBCLC Faculty of Medicine, Cairo University

Tel: 00201011049440

Email: Doaamalek@gmail.com